



**Fresh fruit and veg**

(esp. carrots / broccoli / onions / bananas)

**Cooking sauces**

**Cooking oil** (esp. olive oil)

**Eggs**

**Tinned veg**

(e.g. mushrooms and green beans)

**Tinned pies and ham**

**Halal tinned meat**

**Biscuits**

**Jam and spreads**

(Marmite, peanut butter etc. Thank you but not homemade)

**Washing up and clothes wash**

**Loo rolls and soap**



Baked beans

Soup

UHT milk

Rice and pasta

Tins of fish

Peas and sweetcorn

Tins of spaghetti