

Anti-drowning

Three lifeguards from the Wycombe leisure centre and talked to us about staying safe in the water. They also told us the 4 important rules which are:

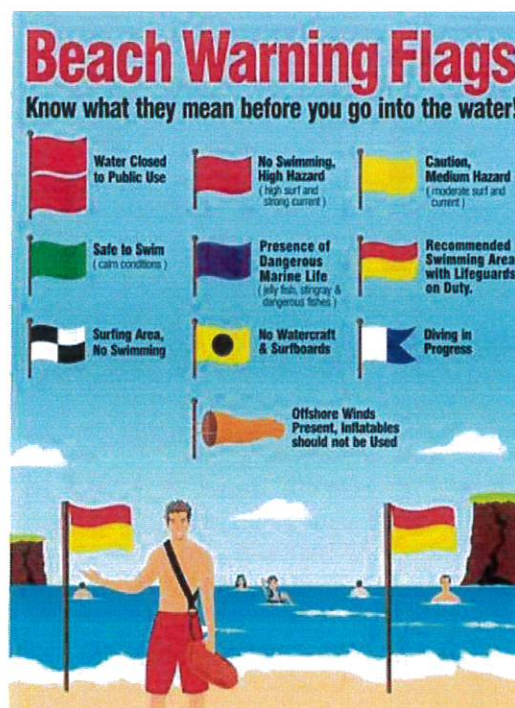
S- spot all the dangers when going swimming.

A- for advice and that's for ask for advice from the local Lifeguards on where to swim.

F- for friends and that means to don't swim on your own so there is always someone there to call for help.

E- for Emergency in case of an Emergency call 999.

There are 10 different types of beach flags that all mean different things. Here is a picture of what they look like and what they mean...



By Kristof, Annie, Emily and Lauren

Things we Learnt

When the lifeguards came we all learnt many things we didn't know before. It was very interesting and many people were amazed by what they told us...

- To drown the water level is only the length between your mouth and you nose! For a child that's about 8.5 cm.
- If you are drowning wave your hands side to side and try to get a life guards or someone's attention.
- There are many different types of flags but the one which means it is safe to swim because there is a lifeguard is one which is red and yellow.



Everyone one found it really interesting an fun because there was a person in a big dog costume which really intrigued the little children of our school.

We learnt many more things but we just can't list them all. What they taught us was really important, I'm sure none of us will forget what we learnt.