

The **Drowning Prevention** Charity



# Drowning Prevention Week 2019



**Places  
Leisure**

Part of Places for People



# Where do you like to go swimming?



# Always follow the SAFE Code

Spot

## Spot the Dangers

Look for dangers whenever you're near water

Advice

## Take Advice

Read the signs  
Ask lifeguards and adults

Friend

## Go with a Friend

Always go with friends or family, it's more fun, and they can help in an emergency

Emergency

## Learn what to do in an Emergency

Call 999 and shout for help  
Never go into the water to help someone



## Cold Water Shock

### River Thames – Marlow



What do you think the average temperature would be on a summers day?

Stay in a star float position for one minute, so you can catch your breath





**Do you know any  
swimming pool rules?**



# Why do we have lifeguards?

Stop accidents happening by making sure  
people follow the rules

Give helpful advice about how to stay safe  
around the pool

Rescue people if there is an emergency



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ROYAL  
**LIFE SAVING**  
SOCIETY UK

# Spot the Dangers



# CAN YOU FIND ALL 8?

BANKS CAN HAVE CRUMBLING OR SLIPPERY EDGES

WATER DEPTH CAN CHANGE QUICKLY

YOU DON'T KNOW WHAT'S BENEATH THE SURFACE

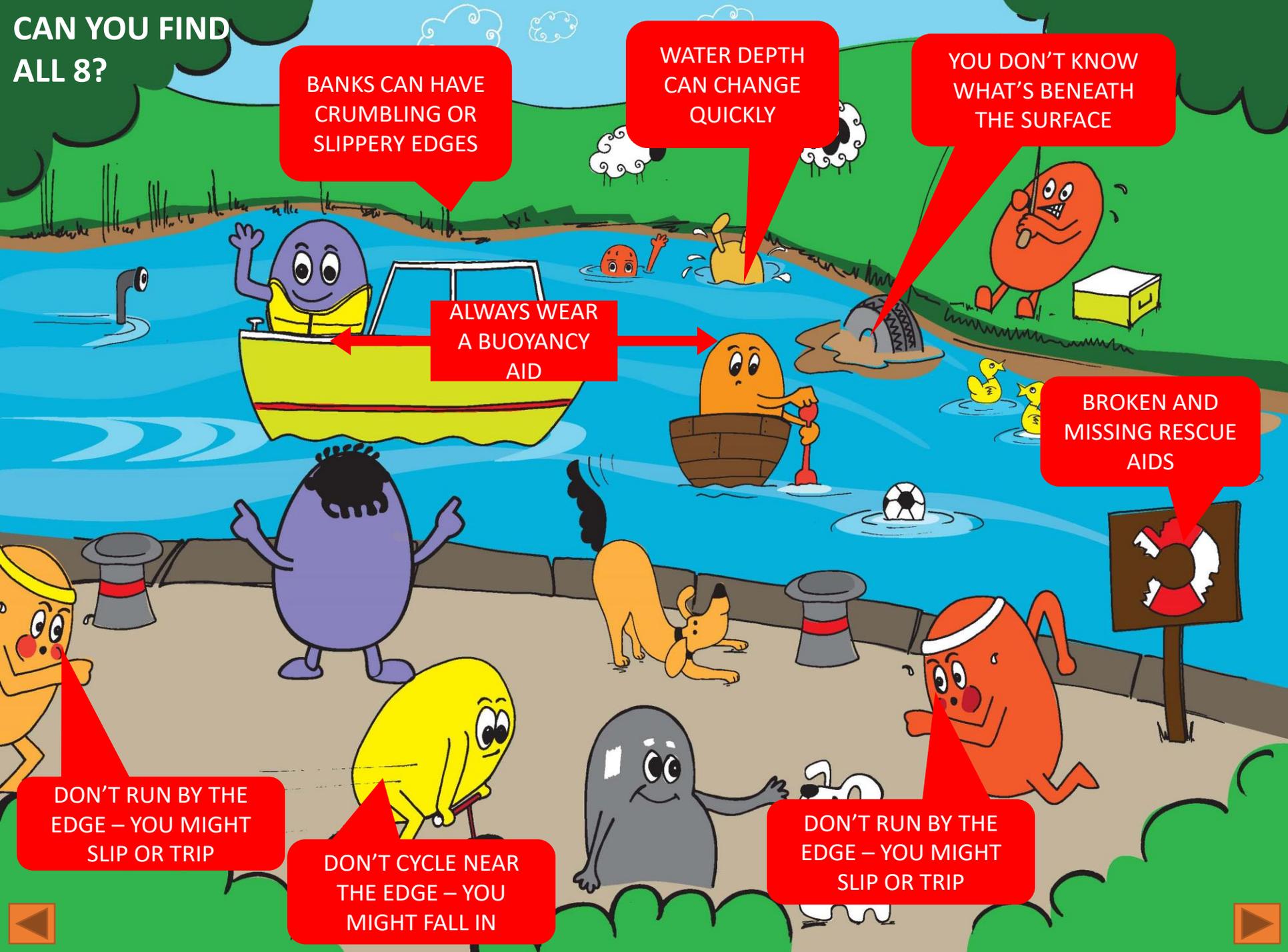
ALWAYS WEAR A BUOYANCY AID

BROKEN AND MISSING RESCUE AIDS

DON'T RUN BY THE EDGE – YOU MIGHT SLIP OR TRIP

DON'T CYCLE NEAR THE EDGE – YOU MIGHT FALL IN

DON'T RUN BY THE EDGE – YOU MIGHT SLIP OR TRIP



# CAN YOU FIND ALL 13?

DON'T SWIM SOON AFTER EATING

TETHER INFLATABLES TO THE SHORE

BEWARE OF CURRENTS OUT TO SEA

BEWARE OF DEEP WATER – KNOW WHAT TO DO IN AN EMERGENCY

BEWARE SLIPPERY AND CRUMBLING CLIFFS – READ THE SIGNS

DON'T SWIM IN A WATER SPORTS AREA

DON'T JUMP FROM CLIFFS, THE WATER MIGHT BE SHALLOW

AVOID DIRTY AND POLLUTED WATER

BE SUN SAFE – WEAR SUN CREAM

WEAR YOUR BUOYANCY AIDS

ALWAYS KEEP AN EYE ON CHILDREN

AVOID PIPES AND ROCKS

RED FLAG MEANS DANGER - NO SWIMMING



# CAN YOU FIND ALL 7?

NO LIFEGUARDS ON DUTY AT THE LAKE – NO SWIMMING

ALWAYS KEEP AN EYE ON CHILDREN IN AND AROUND WATER

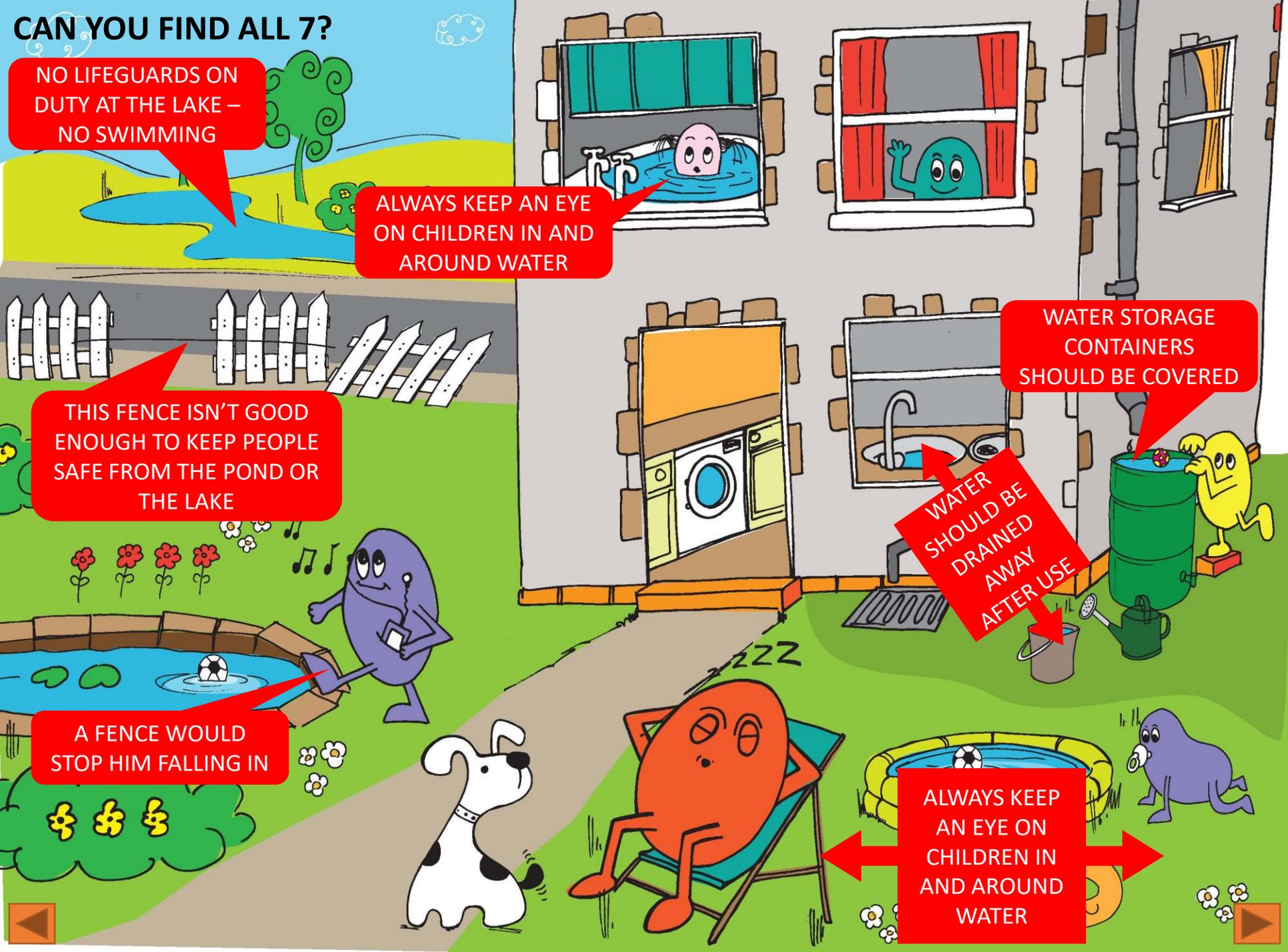
THIS FENCE ISN'T GOOD ENOUGH TO KEEP PEOPLE SAFE FROM THE POND OR THE LAKE

A FENCE WOULD STOP HIM FALLING IN

WATER STORAGE CONTAINERS SHOULD BE COVERED

WATER SHOULD BE DRAINED AWAY AFTER USE

ALWAYS KEEP AN EYE ON CHILDREN IN AND AROUND WATER



**Did you spot all 28 dangers?**

**Did you spot any dangers that didn't have a  
label?**

**Well done!**

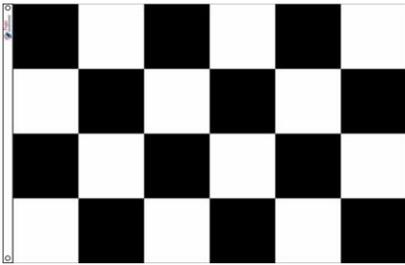
## Stay Safe

- **Always go with an adult/friend**
- **Never enter the water unless there is a Lifeguard**
- **Stay calm**
- **Look out for the dangers**

# Beach Flags – No Swimming



A red flag indicates danger. Never enter the water when the red flag is flying.



If you see a black and white chequered flag, it means the area is safe for watercraft, like surfboards and kayaks. It's not safe to swim or use a bodyboard in these areas.



# Beach Flags – Swimming Allowed



These flags mark areas that are patrolled by lifeguards. These are the safest places to swim.



These windsocks show the direction and strength of the wind. Be careful of winds blowing out to sea.



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**Can you remember the  
SAFE Code?**

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# Any Questions?

