

"THE SAMURAI TEAM ARE JUST AMAZING - THEY ARE INSPIRATIONAL! THEY TEACH THE CHILDREN NOT ONLY KICKBOXING BUT ALSO RESPECT, DISCIPLINE & SELF-PROTECTION & INSTIL CONFIDENCE THAT I CAN REALLY SEE IN MY DAUGHTER."



Dear Parents,

Samurai Kickboxing is delighted to recommence kickboxing classes at Hughenden Primary School from September 2023.

The class will be on a Thursday at 3.15pm - 4.15pm, starting week commencing 11th September and open to students from Reception - Year 3.

Our classes are **safe, professional** & great **fun**, providing the following invaluable benefits for your children:

- Improvement in general health & fitness including **strength, balance, coordination, speed, agility & flexibility**
- **Reduce anxiety & improve self confidence, self-esteem, focus & discipline**
- **Life skills & self-protection techniques** to help **deal with bullying or intimidating situations**

The total fee for Sept - Dec term will be £117

Please click [here](#) & select Sign-in UK if you have booked & paid for classes before or Book Free Trial UK if you are new to our classes. Please note that booking a Free Trial does not guarantee a place in the class.

Here you can sign up to the class, make payment & see your class dates.

As we have a maximum number of students in our classes, it's always best to book early to avoid the disappointment of your child missing out on their space. The faster you reply, the greater your chance of securing your child's place!

Please note we can help Pupil Premium children & anyone experiencing financial hardship with uniform & sparring equipment, so please do not hesitate to contact us.

If you have any questions or concerns, please do not hesitate to contact us by phone or email.

Kind regards,

Samurai Kickboxing

t: 07828 534817

www.samuraikickboxing.com

"MY GIRLS STARTED SAMURAI KICKBOXING JUST OVER A YEAR AGO, I COULDN'T HAVE IMAGINED WHAT A MASSIVE PART OF THEIR LIVES IT WOULD BECOME. MY TWO QUIET, SHY & LACKING SELF-CONFIDENCE GIRLS, ARE TRANSFORMED INTO STRONG, CONFIDENT YOUNG FEMALES WITH AWESOME KICKBOXING SKILLS!"

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